

NGĀ PĀNUI | THE NEWS

Quarterly Newsletter by Halswell Residential College

Term 3, 2020

A word from our Tumuaki / Principal

*E tū kahikatea
Hei whakapae ururoa
Awhi mai, awhi atu
Tātou tātou e.*

*The Kahikatea stand together
The roots intertwine giving
strength
If we help one another
We will be strong.*

Term 3 tends to feel like the longest term. It is a time when we have less sunshine, more kaiako (staff) and student sickness, and this year Christchurch moved back into Level 2 Covid-19 restrictions. As the students got ready to head home for the school holidays, we were fortunate to once again enjoy the freedom of Level 1. We sent our thoughts to our Auckland families who continued to experience a much more restrictive and complicated time.

Term 3 saw a considerable amount of property improvement taking place around the school. This included repair work to the pool, replacement of the outside lighting, soft-fall added to the playground replacing the bark, replacement washing machines and dryers in the laundry area


and new heating (replacing the boilers and radiators) in the day school. Some of this work continued into the holidays which required the College to be without power for over a week.

Most excitingly, Term 3 saw the introduction of the new criteria for the RSS-only Pathway. There are two ways into HRC; one via the Ministry of Education Intensive Wraparound Service (IWS) and one without IWS support, called 'RSS-only Pathway'. The changes to the RSS-only Pathway were supported by Hon Tracey Martin MP in an attempt to fill the empty beds at the residential schools within New Zealand. The changes mean it has become easier to be accepted into a residential school. Please ensure your networks are aware of these changes. We do believe there are many more students in New Zealand who could benefit from a unique residential school programme. We are trying to ensure as many people as possible know about these changes, so we can support more students in the future. If you know someone who has a query about the RSS-only Pathway they can contact our Student Coordinator, Anna McCoy on (03) 338 5089, or via email annamccoy@halswellcollege.co.nz

Janine Harrington

Image credit: Honey Paper Co

Accomplish BIG Things With a
GROWTH MINDSET!
Success Begins With Believing You Can



Instead of Thinking...	Think This...
I can't do it.	I'm still learning. I'll keep trying!
I'm not good at this.	What can I learn to get better at this?
It's good enough.	Is this the best I can do?
It's too hard.	With more practice it will get easier!
I'm afraid of making a mistake.	Mistakes are how I learn & get better!
They are better at it than I am.	What can I learn from them?
I don't know how.	I can learn how!
I can't make this any better.	I can always find ways to improve!
I don't like challenges.	Challenges make me better!
I give up.	I'll try a different way!

We are a **netsafe** school
SCHOOL
2020

We are a Netsafe School

We are proud to announce that Halswell Residential College is officially a Netsafe School.

The Netsafe Schools Programme helps schools establish, develop and promote online safety, citizenship and wellbeing practices that are supported by Netsafe- the country's leading online safety organisation.

Our 2020 focus

WHANAUNGATANGA | BUILD RELATIONSHIPS

Te Whare a Owaka

*From the team of Te Whare a Owaka,
here's a recap of what we got up to during Term 3.*

Kia ora te whānau o Te Whare a Owaka, te whānau a Otu Matua.

What a busy term it has been.

During Term 3 Laura worked on home living skills by cleaning her bathroom areas with the correct cleaning products, placing dirty clothes in the hamper, as well as various leisure and social skills. Laura completed 20 goals and achieved her green wristband.

Laura enjoyed skiing at Porters Alpine Resort, Adrenaline Forest, Blokarts, motorised drift karts, Hanmer Springs, and going to watch a Crusaders game at Horncastle Arena.

Ruby worked on home living skills by cleaning her bathroom areas, and using the washing machine and clothes dryer to launder her own clothes. She also cooked two evening meals for the entire house. Ruby completed 40 goals and achieved her red wristband.

Ruby enjoyed ten-pin bowling, mini-golf, carving, and pocket money spending.

Catelyn pushed herself outside her comfort zone and participated in new activities including ice skating, celebrating Matariki (the Māori New Year), and attending the community learning facility, Ara. Catelyn was also chosen to represent Owaka as the Student Councillor this term. Catelyn completed 30 goals and achieved her blue wristband.



Noho ake rā Caty

Term 3 was Catelyn's last term at HRC and it was with sadness we said, 'noho ake rā' - stay well and goodbye- to her.

Catelyn worked very hard on managing herself and her emotions during her time at the College. She has been taught skills and strategies to help her self-calm and has been given opportunities to practise what she has learned.

Catelyn's goal is to become a makeup artist and she practised her skills on

kaiako when time allowed. With the support of her wonderful whānau we are sure this can be achieved.

Catelyn, you will be missed- not only in Owaka, but across the College.

We wish Catelyn well in the next stage of her journey in life.

Te Whare a Makonui



From all of us in whare Makonui, we hope you had a fantastic and relaxing holiday!

During Term 3 the Makonui students continued to focus on their social and living goals, along with building relationships with new students and remaining resilient with everything that they do and encounter.

We welcomed in Noah, who has been super engaged in his goals and establishing friendships.

Todd, Taylor, Cam, and Ollie have excelled with their goals and some extra-curricular activities such as work experience, rugby, Star Jam, student council, and completing a course at Ara Institute of Canterbury.

We were spoilt with the weather during the term. Some students spent a fair amount of time brushing up on their fishing skills, even if the main catch was only crabs. A trip up the gondola to

look over the coast and learn about the history of Christchurch was enjoyed by all. The Antarctic Centre was another enjoyable and educational outing that the students embraced. Overall, go-karting (sail-style) was the hit of the term and a great new experience.

Our kaiako (staff) were treated to a frenzy of students who were eager to make us cups of tea. We thoroughly enjoyed this new trend and hope it keeps traction! Some students also took a liking to cooking barbeques. We had multiple barbeques this term, organised and executed by the students. It was awesome to watch them throughout the planning stages and the execution of cooking and then hosting their peers.

We are all looking forward to the continuing growth and development of the students in Term 4.



Te Whare a Tauawa

Kia ora whānau
Ka puta atu nga mihi ki a koutou
I roto I te wiki o te reo Maori
Tu mana te reo.

As another term came to an end, taura (students) and kaiako were looking forward to the school break.

Term 3 was certainly a busy term. Skiing was a highlight for some taura who have been asking why we can't go every term. Other popular activities were Mega Air, fishing, skateboard/BMX parks, swimming, and movies.

We celebrated Matariki by putting down a hangi. This year we shared the experience with our neighbours, St John of God Halswell, whose residents and staff were able to come and spend time with our students and kaiako. We would

like to thank them for their koha of chocolates which were enjoyed by all.

We welcomed Elliot who joined our whanau at the start of Term 3. He is settling in well and follows our kaupapa. We enjoy his company and his quirky and fun sense of humour.

Jacob continued to progress well in our whare, at times supporting the whānau by welcoming visitors to our whare for a whakatau which he can do very confidently. This is one of the Māori goals in our Poutama programme.

We would like to acknowledge Cameron, from Makonui, who attends karakia with the whānau whenever possible.



'I enjoyed going home to visit my whānau. I was happy to see my Dad and spend time with him, I miss seeing him.'

'I like being back at HRC, I like everything here. I would like to finish carving my taiaha and attend taiaha school with Matua Te Mairiki.'

Arama

'I like being in Tauawa because the staff are nice to me - especially Moana H, and some students like Jacob.'

I love the food that Tracey makes. My favourite is spaghetti and meatballs, and pizza for takeaway meals.

In the whare I like watching TV and X-box. The best outdoor activities are swimming and going to playgrounds.

I like my class - Room 5, and my teacher.'

Elliot

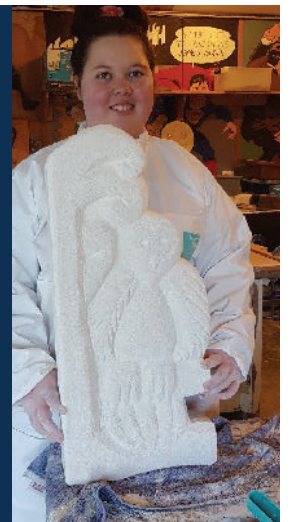


'I enjoyed getting my face painted with special effects makeup by Jasmine.' - Jacob



Caty and Ruby enjoyed attending carving, and have both worked very hard this year. Caty created this carving for her mum.

We'd like to wish Caty all the best for her future as she returns home to her lovely whānau to begin her next chapter.



Education Outside the Classroom

Ski Trips

Term 3 is about ski trips. Many students have never been skiing or snowboarding before and thoroughly enjoy the experience; some discovering they have hidden talents that they were not aware of.

This term we managed to have two ski trips to Porters Alpine Resort. All students who went, gave it a go. This year was the first year that we have taken a barbecue up and the students enjoyed cooking sausages and bacon for lunch.

Thanks to all those who helped with the trips.



Matariki Celebration

On 20 August, we had a slightly delayed Matariki celebration on the HRC site and shared kai with our neighbours, St John of God Halswell, residents and staff.

The St John of God Halswell public relations manager (pictured right taking a photo), captured some of the activity for a short video for their communication network. The experience strengthened both our whānau and neighbour relationship.



Raumata

Teacher: Jess Grenfell
Teacher Assistant: Jane Robb

Raumata was excited to welcome Arama, Jacob, and Laura back to HRC for the start of Term 3.

The beginning of the term was a busy one with the students working one-on-one with an intern from the New Zealand Graduate School of Education as part of their teacher training.

Jacob, Laura, and Arama decided to take on a new challenge this term, playing rugby for Te Kōmanawa Rowley School. This experience taught the students about building relationships, how to be a team player, and also ball skills. They had a lot of fun and enjoyed the banter and kindness of the boys from Rowley.

During the term we also worked on our swimming skills and building up our swimming fitness. The students were set a challenge to swim 1 km (40 laps). They all did extremely well. Jacob swam a whopping 2.3 km (94 laps) of the pool. Arama swam 2 km (80 laps), and Laura completed 1.25 km (50 laps). Awesome work Raumata students.

It was a fantastic term- Laura, Arama, and Jacob are a pleasure to teach and we can't wait to see them in Raumata for Term 4.

Stay safe, Kia Kaha.



Business-minded students have been busy with a variety of initiatives during the term and started their own companies.

'Potato Head Ltd' is in the process of planting donated seed potatoes that they will tend to, harvest, and sell towards the end of the year.

Ngā mihi maioha (thank you with appreciation) to Jane's dad, John Nevin, who kindly arranged the donation with Clive and Clint Dawe, from

Morton Smith-Dawe Ltd. The skills the students learn from this experience are invaluable.

Laura recently ran her 'I Bake It, You Take It' bakery business. The products were professional-looking and provided a delicious treat for the HRC whānau.



Te Puna Wai

Teacher: Nicole Todd
Teacher Assistant: Ruth Baker

We had a wonderful term in Te Puna Wai.

We welcomed Noah to our class and he settled in really well.

During Term 3, we continued our journey with Mindfulness. We used breathing and visualisation exercises to self-regulate and explore our emotions.

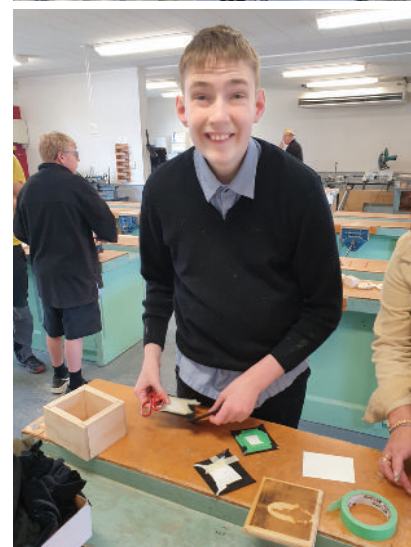
We had Spotty and Silver, the goldfish, join our class during the term. They have been great fun to look after in class.

Te Puna Wai started a book study on 'The Lion, the Witch and the Wardrobe' by C.S. Lewis. We read the book and then compared it with the BBC TV series. It was great to practise listening and concentrating for sustained periods of time.

Our many outings included learning new skills while bowling. We went out to Riccarton Bush, which seems to be a class favourite outing, as well as the Botanical Gardens. The Canterbury Museum and the Airforce Museum were great to explore history.

At the end of the term we had a fabulous full day outing to Willowbank Wildlife Reserve where we got to feed a variety of animals from deer to eels.

Everyone is feeling excited to see what Term 4 brings to Te Puna Wai.



The Rugby Report

Four students, Arama, Jacob, Ollie and Laura, were involved in playing in the year 7/8 inter-school rugby competition for Te Kōmanawa Rowley School.

Each week they had a game on Friday afternoon at Hagley Park. The HRC students fitted into the team really well and the Rowley students loved having our players join them.

A big thanks to Michael, who is the coach of the Rowley team, for welcoming our players.



Kawatea

Teacher: Sarah Hall

Teacher Assistant: Josh Geddes



It was a busy term in Kawatea continuing with our same four students: Taylor, Caty, Ollie and Elliot. We were able to establish a great class culture and try lots of new things.

We continued with a lot of Education Outside the Class (EOTC). We cycled some of the Rail Trail sections. It was unfortunate that on our last trip along the trail we were met with clouds of lake flies, making the ride really challenging. We persevered through that section and then decided to stop. In Term 4 we would like to carry on and cycle from Birdlings Flat to Little River. Watch this space.

We discovered that we have some very good orienteers in Kawatea. The Halswell Quarry and the Groynes have a few different orienteering courses to tackle. We completed some of the courses which involved the students having to relate a map to their physical surroundings and find numbered markers. It was a great exercise in spatial awareness, cooperation, working between a 2D map and the real world, and getting some exercise!

Towards the end of the term we discovered the students loved the amazing Margaret Mahy Playground. While Caty had been to the park before, Ollie, Taylor and Elliot hadn't, and they had a ball! Ollie and Taylor took a skateboard and scooter each, while Elliot spent a lot of his time in the water play area. We all enjoyed the outing so much that we decided to go back again for our end of term outing and crank up the barbeque after spending the morning at He Puna Taimoana, the hot pools in New Brighton.

HRC is a busy school and our students are given many opportunities to try new things. Ollie and Taylor both attended RDA (horse riding). Ollie went to a local high school for technology where he made wooden toys. Ollie also played rugby with a local school team, and worked alongside Don, our caretaker, once a week for work experience. Caty had a lot of practice making barista-style coffees in the school's café. She also worked with Tracey once a week in the kitchen for work experience.

Despite it feeling like a long term, we achieved a lot in the 10 weeks. We are planning for a busy final term where we'll take advantage of the summer weather and engage in a lot more outdoor learning.

Tihao

Teacher: John Lawson (Mon-Thur) | Briar Dumelow (Fri)

Teacher Assistant: Lee Tacon



Term 3 in Tihao began with Phynn and Todd. Soon after we welcomed Joshua to our class. We look forward to welcoming new students to our class in the future.

During the term we started a few interesting projects, including setting up a mini woodwork shop where Todd started building bird feeders. Todd is learning wood-working skills and self-management skills. He has been building on his math and financial skills through measuring, paying for the materials, and selling his bird feeders.

We also started a vegetable patch that is currently home to strawberries, cabbage, potatoes and peas. Term 4 will see us add to these projects and hopefully produce a bumper crop from our garden.



Qustodio

Qustodio is a parental control app that covers web content filtering, app blocking and monitors screen time to ensure your children have a healthy online experience.

Full details available here:
<https://www.qustodio.com/en/>

Getting wiggy with it on Wig Wednesday

On 9th September, the College proudly raised over \$70 for child cancer research. Ka mau te wehi - awesome.



Why are we focused on developing a therapeutic milieu at HRC?

‘Every interaction by every kaiako with every child has the potential to make a positive difference.’

This year our focus value is whanaungatanga, or building relationships. Strong relationships are based on trust and respect. Richard Branson once said, “Respect is about how you treat everyone, not just those you want to impress.”

In addition, the further development of our relationship-based therapeutic milieu (or environment) across the whole of HRC is a strategic goal we have this year and will continue to focus on for the next few years.

The everyday living environment is seen by many as the most influential factor affecting children and young people in residential education. Research demonstrates that positive relationships with competent adults cannot be underestimated as it is within these key relationships based on positive support, nurture and guidance, that the child develops their sense of self and resilience.

In a 2018 study of children’s outcomes in a residential special school, the researchers found significant improvement in the social, emotional, behavioural, and academic progress of the children in a school with a relationship-based milieu which sees the therapeutic work take place through the relationships with staff. This enables the student to develop a model which allows for future emotional growth as well.

Our goal is to ensure our residential care is relationship-based, planned, and purposeful with a focus on activity and experiential learning, growing strengths within a therapeutic milieu, and a place where children can be children and have fun. HRC kaiako will undertake significant training in January to further strengthen our skill set in the therapeutic use of daily life events at HRC.

Where are they now?

Hearing success stories from ex-students brings joy to our kaiako.



Kaiako regularly run into ex-student, Maurice, at sport. He is always excited to ask after the HRC whānau and would like us to pass on his ‘hello’ to those who remember him. Maurice left HRC at the end of 2018 and has since been attending a co-educational state high school.

Recently, Harry Scrimshaw returned to HRC for a visit to catch up with some of the team. Harry was a student here from 2007-2009. It was great to catch up with him and his family to reminisce about old times. They commented how different the new houses look and Harry wished they were here in his time.



Dates for the diary

Board of Trustees Meeting:	Friday 30 October, Video Conference
Student Council Meeting:	Thursday 12 November
Board of Trustees Meeting:	Friday 4 December, Westbridge Residential School
End of Term 4 Travel Day:	Wednesday 16 December
Term 1 2021 Travel Day:	w/c Tuesday 9 February, 2021

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